

Community Outreach presents

Recreational Soccer

Dates & Locations:

6 week programs

Lonedell: 11/12-12/17
(Mondays 3:55 pm-4:55 pm)

Meramec Heights: 11/13-12/18
(Tuesdays 3:55pm-4:55pm)

Cost: \$60.00

Who: 3rd-5th grade students

You will need a water bottle and shin guards.

Coach Schnable:
schnabled@foxc6.org

Coach Schnable's Instructional Soccer Program offers an excellent opportunity for recreational soccer fun and skills development. The program will offer instructional divisions in **3rd thru 5th grade** and provide an opportunity for the children to play and socialize with others in their age range. Emphasis is placed on the children having fun, learning the sport, develop life skills and develop a love for the game. Players in the instructional program will train once a week with Coach Schnable and his staff which will include current high school coaches and players. All at your child's school!

The entire program will be structured around the basics of soccer such as balls skills, passing/receiving, dribbling, shooting and speed/agility.

The first 15 minutes of every instructional day will begin with stretching and various types of speed/agility drills. The last 45 minutes will be dedicated to instructional time focusing on various skill sets such as passing/receiving, dribbling and shooting. All instructional days will end of a proper cool down stretch.

To register please visit:

<https://fox.revtrak.net/community-outreach/#/list>

Go to login and create an account to
sign up today!

